



Teesdale Sailing and Watersports Club

North East and Yorkshire Youth Traveller Series Open Meeting 9th May 2026

SAILING INSTRUCTIONS

ORGANISING AUTHORITY

The series organising authority is the North East and Yorkshire Sailing Association
The Open Meeting organising authority is Teesdale Sailing and Watersports Club.

The notation '[NP]' in a rule of the Sailing Instructions means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- i. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2025-28*.
- ii. This event is part of the North East and Yorkshire Youth Traveller Series and its Notice of Race applies.
- iii. In the event of a conflict between the NOR and these SIs, the SIs will prevail.

2. CHANGES TO SAILING INSTRUCTIONS

- i. Any change to the sailing instructions will be posted at least thirty minutes before the scheduled time of the race or races to which it applies.

3. COMMUNICATIONS WITH COMPETITORS

- i. Notices to competitors will be posted on the official notice board, before the event at www.neyysa.org. Notices on the day will be posted on the official notice board located in the entrance to the clubhouse.
- ii. A briefing for competitors will be held outside the Race Office (waterside) at 10:00, unless it is raining, in which case the briefing will be held in the Clubhouse.

4. CODE OF CONDUCT

- i. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

- ii. Competitors will comply immediately, providing it is safe to do so, with any instructions issued by race officials regarding avoiding interference with other water users.

5. SIGNALS MADE ASHORE

- i. Signals made ashore will be displayed on the flagpole at the Race Office, by the head of the main slipway.
- ii. When flag AP is displayed ashore '1 minute' is replaced with 'not less than 15 minutes' in the race signal AP. This changes race signals AP.
- iii. (DP) Boats shall not launch until a blue flag is displayed on the flagpole. Where possible three short sound signals will be made to indicate the blue flag is flying. Should the blue flag be lowered, and be replaced with Flag B, all boats must return to shore immediately.

6. SCHEDULE OF RACES

- i. The race schedule and time of the warning signal for the first race of each session is as follows: Four races, first race warning signal not before *10.30*. *Race 2* may be back to back with *Race 1*. Two further races are scheduled following a lunch break ashore. A programme of the day can be seen Pg. 4 of these instructions.

7. CLASS FLAG

- i. The class flag for all boats in the regatta will be Flag "H".

8. RACING AREA

- i. The race area is Grassholme Reservoir, Teesdale, County Durham, DL12 0PW. Figure 1 shows the sailing area.

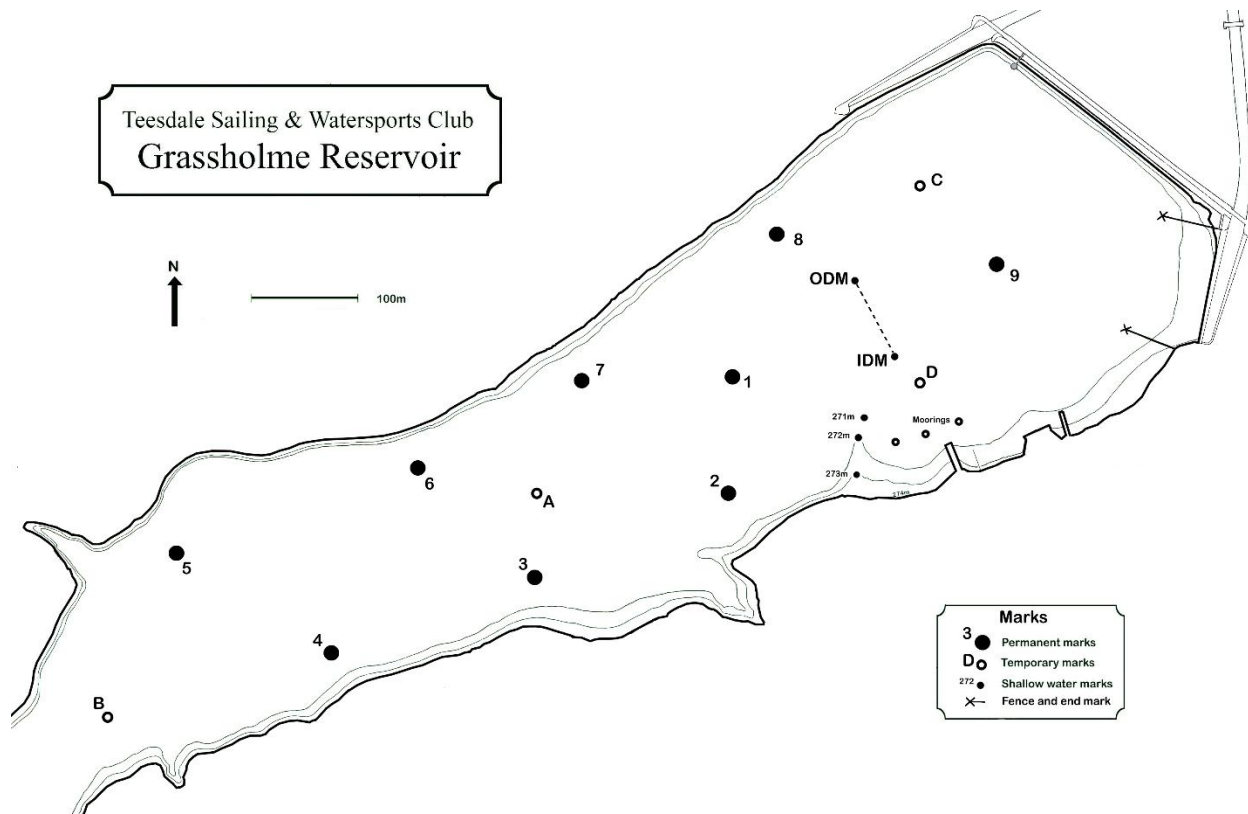


Figure 1: Grassholme Reservoir

9. THE COURSES & MARKS

- i. The course will be set using the club permanent marks, these are a mix of yellow, white, and red spherical marks. Additionally, temporary yellow cylindrical marks can be laid at the discretion of the Race Officer. The position of the permanent marks can be seen in Figure 1.
- ii. The course to be sailed will be displayed at the Race Office before the warning signal. Any changes to the course between races sailed back-to-back will be communicated to competitors by the club safety boats. A safety boat will be provided as lead boat for the first lap of each race provided they are not involved in safety operations.

10. OBSTRUCTIONS & FISHERMEN

- i. Grassholme Reservoir is also used by fishermen. Teesdale SWC requires that no water user deliberately sail closer than 30 metres to a fisherman. Fishermen shall be classified as an obstruction under Rule 19.
- ii. Competitors shall comply immediately with any instructions by race officials regarding avoiding fishermen. Repeated interference with fishermen, or ignoring race officials instructions in this regard, will result in the competitor concerned being required to return immediately to shore. Whether, and if so when, the competitor concerned shall be allowed to relaunch will be at the discretion of the Race Organising Authority, and their decision in this regard will be final.
- iii. Any competitor judged by race officials to be deliberately breaking the 30 metre rule in order to gain a competitive advantage over other boats during a race will be disqualified from that

race and will be required to immediately return to shore. Whether, and if so when, the competitor concerned shall be allowed to relaunch will be at the discretion of the Race Organising Authority, and their decision in this regard will be final.

11. THE START

- i. Races will be started using RRS 26.
- ii. The starting line will be on a line between the flagpole at the Race Office and an outer distance mark (labelled ODM). The line will be limited by inner and outer start line marks, defined in Fig. 1 above. This line, when crossed from the direction of the last mark of the course, shall also be the lap gate/finish line.
- iii. A boat which does not start within 5 minutes of her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2
- iv. All boats shall pass through the start/finish gate on every upwind leg of the course. Boats observed not to do so will not be credited with completing that lap.
- v. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

12. CHANGE OF THE NEXT LEG OF THE COURSE

- i. Courses will not be changed during a race.

13. SHORTENING COURSE AND FINISHING

- i. The finishing line will be through the start/finish gate.
- ii. The course will be shortened to achieve a target race duration. Once the shorten course flag has been displayed on the starter's hut flagpole, each boat shall finish when they next cross the finish line to windward from the previous mark. The leading boat may not be the first boat to finish.

14. TIME LIMITS

- i. The time limit for all boats is 60 minutes.
- ii. Boats failing to finish within a 20-minute finishing window after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.
- iii. Back markers may be given their finish position taken on the course by a club safety boat and they may then return to the starting area for the next race. The decision by the Race Committee to use this procedure or not to use it shall not be grounds for redress. This changes RRS 60.1(b) and 62.1(a).

15. HEARING REQUESTS

- i. Boats intending to lodge a protest or request for redress shall inform the race committee at the Race Office upon finishing the race. Note that an Advisory Hearing does not require a sailor to inform the race committee boat (if operating) at the finish of the race.
- ii. The protest time limit is 30 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later. This changes RRS 61.3 and 62.2.
- iii. Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- iv. Hearings will be held in the clubhouse.
- v. The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available.

16. SCORING

- i. See Series NoR – Section 16.

17. SAFETY REGULATIONS

- i. [DP] [NP] A boat that retires from a race shall notify the race committee as soon as possible.
- ii. Crew members shall always wear personal flotation devices whilst afloat. This changes RRS 40 (Personal Flotation Devices). Wet or dry suits alone are not considered adequate personal buoyancy.

18. RISK STATEMENT

- i. See Series NoR – Section 25

19. OFFICIAL BOATS

- i. Official boats will be *club safety boats*. Support boats are not allowed.

22. PRIZES

- i. A prize will be awarded to the winner of the Open Meeting. Other prizes may be awarded at the discretion of the organisers.

23. INSURANCE

- i. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 Pounds Sterling per incident or the equivalent.

End of Sailing Instructions

ADDITIONAL INFORMATION ON TIMINGS, LOCATION, AND PARKING

A. Arrival

- a. Competitors are advised to arrive at Teesdale SWC for around 9:15am. The hillside car park is publicly accessible and will be open before 9:15am.
- b. Waterfront car parking will be extremely limited. Most cars, having dropped off their boats, should park in the hillside car park. Organisers will be available to advise on where to drop boats off and where to park. Please do not drive immediately down to the waterfront unless advised to do so by organisers.
- c. Please note that significant works have taken place by the waterfront in the past few years. Maps and satellite imagery, such as Google Maps, do not necessarily provide an accurate picture of the waterfront area.

B. Schedule

10:00 am	Race Briefing
10:15 am	Approximate Launch Time
10:30 am	Race 1 - First Warning Signal
12:30 am	Lunch
1:30 pm	Race 3 – First Warning Signal
3:30 pm	De-rig
4:00 pm	Presentation (outside Clubhouse weather permitting)

C. Catering

- a. The Club BBQ will be fired up at lunchtime. Competitors are advised to bring cash to pay and to inform the club at least 48hrs in advance if they would like food by emailing: teesdaleswc@gmail.com. Alternatively, you can pre-book tickets via the event entry form before 9pm Thursday 7 May.
- b. Tea, coffee, and also hopefully cakes will be available.

D. Changing

- a. All competitors must change in the club changing areas. There is to be no changing by cars/caravans in the car park. This is a requirement set on Teesdale SWC by Northumbrian Water and those not observing this requirement may be asked by NWL Wardens to leave the site. If you are asked to leave site, redress will not be available for missed races.