

SUNDERLAND YACHT CLUB

NEYYSA OPEN MEETING 15 April 2026

Organising authority: Sunderland Yacht Club. Old North Pier. Sunderland. SR6 0PN

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS).
- 1.2 The prescriptions of the RYA and the rules of the relevant Class Associations will apply.
- 1.3 Competitors may be required to display provided advertising material by their Class Association or the Organising Authority in line with World Sailing Advertising Code, Regulation 20.
- 1.4 If there is conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will apply.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board, located on the lower floor outside the office.
- 2.2 Regatta fleet sailors should wear the bib or other identification provided to aid identification.

CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted not less than 45 minutes before the advertised start of any race or races concerned.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagstaff outside the clubhouse.
- 4.2 When flown ashore, Flag L with a sound signal means: 'A notice to competitors has been posted'.
- 4.3 When Flag AP is flown ashore, race signal AP is changed in that '1 minute' is replaced by 'not less than 30 minutes'.
- 4.4 When a visual signal is displayed over a class flag it applies to that class only. This also applies to signals provided afloat.
- 4.5 No boat shall leave the shore until its flag G is displayed with two sound signals. Keel boats may leave their moorings but not leave Sunderland Harbour. Competitors may tally out (SI 16) before the G flag is displayed.
- 4.6 On returning ashore after racing competitors maybe held afloat by the beach master or safety boats until the beach master gives permission to come ashore. Failure to comply with this instruction will result in a 5-point scoring penalty with no appeal for redress.

5. SCHEDULE OF RACES

5.1 Briefing for regatta fleet competitors will take place at 9:45 hrs on Saturday 15th April in the galley area of the clubhouse. Briefing for all competitors will take place at 10am in the galley area of the clubhouse.

5.2 Saturday. It is intended that there will be two back to back races in Seaburn Bay. Competitors will come ashore for lunch. It is intended that up to 4 sprint races will be held in Sunderland Harbour following lunch.

5.3 The warning signal not before 10.45 hrs. on the Saturday

5.4 No warning signal will be made after 15:45hrs on the Saturday

6. Class Flags 6.1

The class flag for the Handicap fleet will be international code flag H or the appropriate Class Association flag for one design fleets, with the announcement made at the briefing.

7. COURSE

7.1 The course diagram is attached below (appendix A).

7.2 Results may be calculated using average lap times. Boats must pass through the gate/finish line on every upwind leg, the gate/finish line is not an obstruction for boats sailing downwind.

7.3 Minor mark moves (up to approximately 100m) may be made without signalling the change. This changes RRS 33.

8. AREAS THAT ARE OBSTRUCTIONS

8.1 Sunderland is a commercial working port, all commercial vessels moving within the port and its approaches are to be considered an obstruction, any instructions given by a port official or rib crew in relation to shipping must be obeyed.

9 THE START

9.1 The Orange flag will be raised on the committee boat at least 3 minutes before the warning flag

9.2 All classes will be started in accordance with rule 26

9.3 The starting line will be between the staff on the Committee Boat at the starboard end of the start line and an orange or black buoy at the port end.

10. MARKS

10.1 The marks to be used will be a mixture of Orange or Yellow Cylindrical inflatable buoys.

10.2 Committee boat location and course will be either within Sunderland Harbour or North of Sunderland Lighthouse, in Seaburn Bay indicated on the course board at the briefing.

THE FINISH

11.1 The targeted race length for the lead boat of each fleet will be approximately 45 minutes, (but no less than 35 minutes). This may be change at the discretion of the Race Officer.

11.1.1 The length of the race for sprint racing shall be at the discretion of the race officer.

11.2 The finish line will be between a committee boat flying blue flag and the Gate Mark.

11.3 In accordance with Rule 32 the course may be shortened by flying Flag 'S' or for an individual class ('S' over the class flag) which will be displayed on the relevant committee boat.

11.4 Boats that have finished should keep clear of boats still racing

12 Spare

13. PROTESTS AND REQUESTS FOR REDRESS

13.1 For infringements of rules other than in Parts 1 and 2 of the RRS, the penalty for a breach of a rule may, at the discretion of the protest committee, be less than disqualification.

13.2 Protest forms are available at the club office. Protest forms shall be returned there within the protest time limit.

13.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day. This time limit will be extended by 30 minutes for all protests by the Race Committee relating to incidents observed in the racing area

13.4 Notices will be posted within 20 minutes of the end of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

14. SAFETY REGULATIONS AND LOCAL ISSUES

14.1 All helms and crews shall wear adequate personal buoyancy at all times while on the water. This changes rule 40.

14.2 A boat that retires from a race shall notify the Race Committee as soon as possible.

14.3 Racing is held near the approach to a commercial port, large vessels have right of way. If a ship/vessel is being escorted, no competitor shall sail between the guard boat displaying code flag U and the ship/vessel it is escorting. Any competitor passing between the guard boat and escorted ship/vessel or otherwise impeding the ship shall be disqualified without a hearing.

15 SCORING

15.1 Races will be scored in accordance with Appendix A of the Racing Rules of Sailing

15.2 Up to 6 races are programmed, one race is required to be completed to constitute a series.

15.3 If three or more races are sailed there will be one discard.

16. Tallies

16.1 The Tally System to check-in and check-out competitors will be located at the main gate beside the slipway.

16.2 Tallies comprise numbered and colour coded rubber wrist bands, tallies shall be worn on the wrist and shall be worn by both helm and crew whilst float

16.3 Both helm and crew shall tally-out before racing by personally collecting their tally, and tally-in as soon as practically possible upon returning to shore after racing but no later than 15 minutes after the committee boat enters harbour, by returning

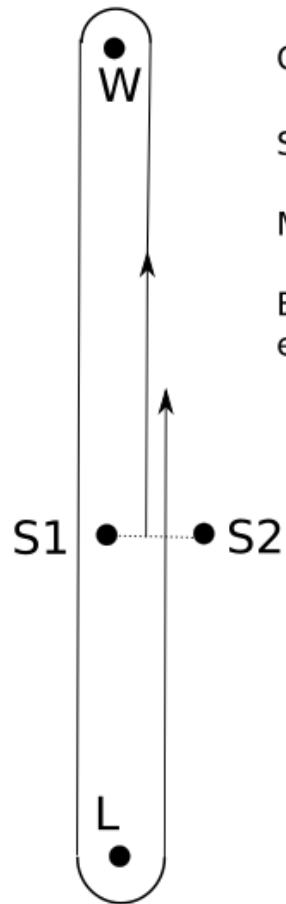
the tally personally to tally control. Double handers will be allocated 2 tally numbers one for the helm and one for the crew

16.4 Tally numbers will be displayed on the official notice board.

16.5 Boats whose crew fails to comply may accept the fine penalty of £10 payable to the event charity. Infringements will be posted on the official notice board before the protest time limit. This changes rule 63.1.

17. RISK STATEMENT Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that: (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event; (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore; (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions; (d) Their boat is in good order, equipped to sail in the event and they are fit to participate; (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities; (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances; (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event. (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew; and (i) If not covered elsewhere in the Notice of Race. Their boat is adequately insured, with cover of at least £3,000,000 against third party claims.

Sausage Course (Port Rounding)



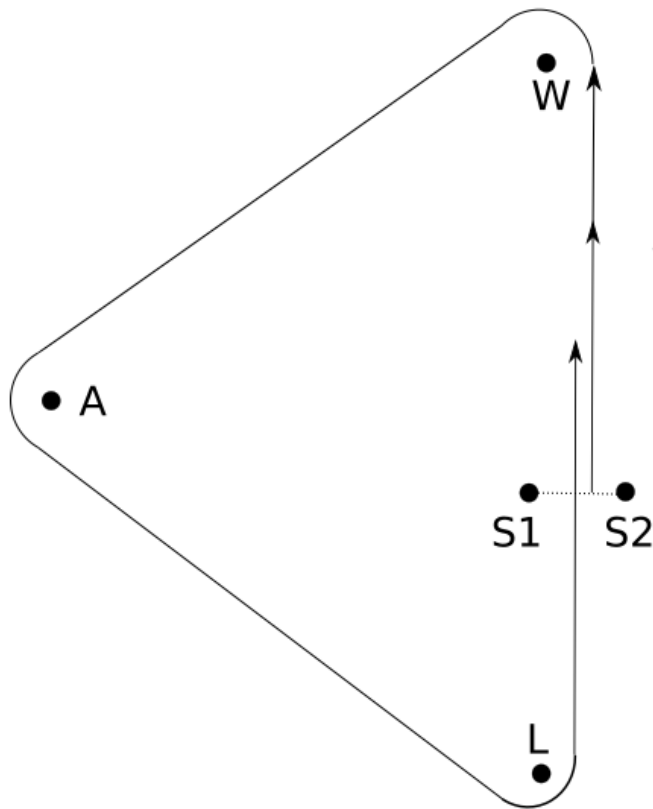
Course Code: **S**.

Start line is between S1 and S2.

Marks W and L are rounded to port.

Boats must pass between S1 and S2 on each upwind leg.

Triangle Course (Port Rounding)



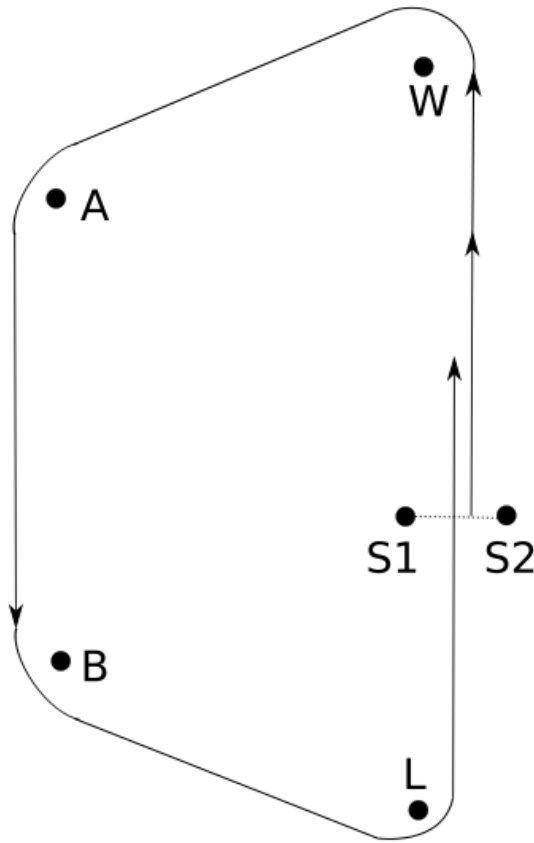
Course code: T

Start line is between S1 and S2.

Marks W, A and L are all rounded to port.

Boats must pass between S1 and S2 on each upwind leg.

Trapezoidal Course (Port Rounding)



Course Code: **Z**

Start line is between S1 and S2.

Marks W, A, B and L are all rounded to port.

Boats must pass between S1 and S2 on each upwind leg.