



Event Management

The event is being run by Bassenthwaite Sailing Club on behalf of the National Schools Sailing Association (NSSA).

The NSSA is a long running organisation that provides opportunities in sailing for all young people under the age of 19. The NSSA annual regatta has been running for over 50 years. Many “big names” sailors have participated in the event over the years as part of their sailing development.

The Event

The event runs Monday to Friday and traditionally runs over the last few days of the school term. This means you may need to miss the last few days of your school term. If this is the case, NEYYSA can write to your school to request authorised absence for you. Please contact us so we can arrange this.

The event is slightly different to other large regattas as you attend with a team, and parents are not expected to remain at the venue. NEYYSA intends to follow this format as it promotes independence and resilience which are key attributes of successful sailors and British Youth Sailing subscribes to this as well.

Arrival is on Sunday 21 July; sailors need to register as a team between 2pm - 6pm and then attend the opening ceremony together which starts at 6pm. We will agree the time the team will register nearer the time.

The competitor briefing will be after the Sunday evening opening ceremony. Racing is Monday – Friday.

Departure is on Friday 26 July after the prize-giving. The prize-giving will be at about 3.30pm (tbc).

NEYYSA Team Management

NEYYSA will send a team with a male & female team manager and some deputy team managers. We will run with an adult:sailor ratio of 1:6. However, we have several primary school age sailors who have expressed interest in attending so we have increased the number of deputy managers to ensure we provide sufficient support and pastoral care for these younger sailors.

The team managers will manage the team and ensure all sailors get the best out of the week.

We are delighted to welcome David Addison and Liz Arkle as the NEYYSA Team Managers supported by Deputy Team Managers Margaret Addison, Bev Catterall and Carole Blades.

David, Margaret and Liz are veterans of the NSSA regatta. David & Margaret used to manage the South Tyneside team when it attended and Liz competed in the event herself as a teenager. Liz and David also acted as NEYYSA deputy managers in 2023. Their experience will ensure that the team is well supported and gets the most out of the event.

David and Liz are Senior Instructors & Coaches as well as being successful racers in both dinghies and keelboats so they will also be able to provide support to sailors with any queries about the racing.



Margaret Addison, Carole Blades and Bev Catterall will provide support on shore and assist with supervising and managing the team as necessary. Carole and Bev have attended many large sailing events with their children and whilst they haven't attended an NSSA regatta previously, they bring a wealth of sailing parent experience to the team.

All adult team members will have a DBS check.

Costs

| Costs | £ Before 24 May | £ After 25 May |
|---|--------------------|-------------------|
| Single Handed Entry | 160 | 185 |
| Double Handed Entry | 250 | 275 |
| Camping per sailor | 65 | 65 |
| Catering per sailor (Sunday evening until Friday lunchtime) Breakfast, Packed Lunch, Dinner | 120 | 120 |
| Team Manager Camping & Catering per person | £60 | 60 |

On initial view, this seems expensive. However, this is a week away in a team environment with 17 races, evening activities, on-site camping and full catering for less than £70 per day per sailor.

It is NEYYSA's intention to complete our entry form before 30 April 2024 so that we can finalise our team plans as necessary and make use of the early-bird pricing offer.

Team Building & Team Identity

Liz and David are very keen for the sailors to have met each other prior to the week and have offered to run a team building day on Thursday 30 May at Sunderland YC which will involve paddle boarding, yacht sailing and other activities (weather dependant).

Please indicate on the form (see below) if you are able to attend this day.

At the 2023 event, some of the team hadn't met before and it definitely took a day or two for everyone to settle together. We hope this team building day before the event will help give cohesion to the team so they are able to support each other as much as possible.

We also hope to get some team t-shirts for the team to wear to the opening ceremony and prize-giving.

Fleets

There will be main fleet racing for all boats with a PY greater than 835. The class starts will be confirmed in the sailing instructions but we anticipate there will be a start for ILCA6, ILCA4, Topper and general handicap (fast, medium, slow).



There is a rookie fleet which is open to any sailor in their first year of racing & / or a sailor who hasn't participated in a national regatta previously.

- If you are racing in the regional traveller series in the main fleet, you need to enter the main fleet.
- If you are new to the traveller series this year, or only did one or two events in 2023 in the regatta fleet you will probably have more fun in the rookie fleet.
- If you still aren't sure, please ask us to help you make a decision.

There is also a Mount Haes Trophy Race, a single hander race and the All-Comers pursuit.

The Mount Haes Trophy will be held in Firefly dinghies and each team can nominate 1 team of sailors for this event, it is a semi-match racing round robin event.

Team managers and Bass SC members are also able to participate in the All-Comers pursuit and as a consequence it will be hotly contested.

The Single-Hander race is usually held in Toppers. If we don't have any Toppers in our team, we should be able to "borrow" some from another team.

Camping

Camping costs are per person. Tents will be single-sex (apart from siblings). We encourage sailors to share tents as this contributes to the team experience and will also help Bass SC with space allocations.

Two of the team managers have motorhomes/vans. These will be parked with the team tents.

Whilst we are planning to use the catering option for all of the meals, it is expected that the team managers will take camping stoves so they can make additional hot drinks and supplementary food as needed. There may be a re-run of last year's pancake night too!

Parent Responsibilities

Parents are expected to assist as follows;

- Complete all pre-event admin and payments on time
- Ensure their sailors have read the sailing instructions and notice of race

Arrange for their sailor to arrive at Bassenthwaite Sailing Club no later than 3pm on Sunday 21 July with;

- A boat in full working order
- All necessary spares
- Sailing kit
- Camping kit
- Clothing for the week
- Snacks, water-bottles etc to supplement their catered meals.
- Any medication they require (either to be self-administered or given to the team manager)
- A full kit list will be sent nearer the time.
- Parents are expected to assist with erecting tents and unloading & rigging as appropriate for the boat and the age of their sailor.



Arrange for their sailor to be collected from Bassenthwaite Sailing Club no later than 5pm on Friday 26 July;

- Parents are expected to assist with dismantling tents, de-rigging boats and loading boats for transport.
- Parents are encouraged to arrive from lunchtime so they can watch the last race and assist with pack up and attend the prize-giving.

Behaviour & Pastoral Care

We recognise sending your sailor away with a team is a big decision, particularly if this will be their first time away from home on their own or their first large sailing event. The majority of the team management have professional educational experience as well as their sailing event experience. Your sailor will be well looked after and supported at the event. They will gain a lot from the week and will look back on it with a lot of happy and positive memories.

We will encourage every sailor to contact home each day, they will also be expected to be on an event what'sapp group, along with parents and the team managers to aid communication.

Sailors who are too young to have a mobile phone will have event information shared with them in an age-appropriate way and will be provided with the means to contact you each day as needed.

NEYYSA has a robust behaviour policy which applies to our sailors and our adult supporters. Everyone attending the event will be expected to comply with the behaviour policy. NEYYSA and Bassenthwaite SC will not hesitate to send someone home from the event if they do not meet behaviour expectations.

Entry

NEYYSA completes the entry form on behalf of the team. You can't enter unless you are in a recognised team which is affiliated to the NSSA. NEYYSA is affiliated to the NSSA.

To participate in this event, you need to be a member of NEYYSA and also a member of NSSA. Follow these steps to enter this event;

1. NSSA membership is £10 per sailor and can be completed using the [Membership Form on the NSSA website](#). Please note your membership number as you need to provide this to NEYYSA on the entry form.
 - NSSA membership is valid for 1 year so if you have participated in other NSSA events since September 2023 you should already have an NSSA membership number.
2. NEYYSA Membership is free if you enter 3 or more of the NEYYSA events each year or £3 per sailor per year. You can ensure you are member of NEYYSA via the form (see step 3) you need to complete for this event.
3. Complete the [NEYYSA Entry Form](#) so we have all your details for the team entry.
4. Pay your entry & camping fees
5. Complete the [NSSA parent consent form](#) which we have to submit for every sailor. Email this to info.neyysa@gmail.com

Once your entry is accepted the following also needs to be actioned.



6. Complete the medical form so that our team managers have up to date medical information for all team members (which will be stored securely) so that they have it readily available at the event in the unlikely event of needing it. We will email you this form nearer the event.
7. Plan to attend the team building fun day on Thursday 30 May at Sunderland YC.
8. Sailor & parents join the team what'sapp group. We will send you a link because this document is posted on our website so we haven't put the link in here (to comply with NEYYSA's safeguarding & welfare policy).

We hope now you have read all the information that you want to come to the NSSA Youth Regatta with NEYYSA, please help us get organised by completing the entry process as soon as possible. It should be another brilliant week of sailing with friends old & new.

If you have any questions, please don't hesitate to contact me.

Fiona Spence

Chair

North East & Yorkshire Youth Sailing Association

Useful Links

[NSSA Website](#)

[Bassenthwaite Sailing Club NSSA Website - Official Event Noticeboard](#)

[Notice of Race](#)

[NEYYSA Entry Details Form](#)

[NSSA parent consent form](#)

[NSSA Sailor Membership Form](#)

[NEYYSA Website](#)