
SAILING INSTRUCTIONS

These Sailing instructions should be read in conjunction with the North East & Yorkshire Youth Traveller Series 2025/26 Notice of Race. The organising authority is Yorkshire Dales Sailing Club.

1. Rules

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. In case of conflict with the Notice of Race these Sailing Instructions shall prevail. This changes RRS 63.5(c)(2).
- 1.3. Competitors are required to sign on for the event at the Registration desk prior to the event briefing.
- 1.4. All boats must sail with suitable identifying numbers. Permission to do otherwise must be sought at registration and granted by the OA prior to racing, failure to gain permission may result in a result of DSQ for one race.
- 1.5. Competitors and support persons shall comply with reasonable requests from race officials.

2. Notices to Competitors

- 2.1. Notices to competitors will be posted on the official event notice board located at the Clubhouse (Outside South West Window). Notices may also be duplicated on the NEYYSA series official noticeboard or the NEYYSA General Chat Whatsapp group.

3. Changes to Sailing Instructions

- 3.1. Any change to the sailing instructions will be posted on the official notice board not less than 30 minutes before the warning signal of the race or races concerned.

4. Signals made ashore

- 4.1. Signals made ashore will be displayed on the main flagpole. Situated in front of the clubhouse.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 10 minutes' in Race Signals AP. This changes race signals AP.

5. Schedule of Races

- 5.1. The scheduled number of races will be as outlined at the event briefing.
- 5.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least one minute before a warning signal is made.
- 5.3. An event briefing will be held at 1000. The location of the briefing will be the main club room unless advertised otherwise on the noticeboard before 0900hrs.
- 5.4. Target time for race will vary pending the type of race as outlined in Appendix A.
- 5.5. The latest time for a warning signal will be 1545.

6. Class Flags

The Class flag is numeral pennant No. 1.

7. Courses

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- 7.1. The diagrams in Attachment A show the courses which may be sailed, the order in which marks are to be passed and the side on which each mark is to be passed.
7.2. The courses to be sailed will be indicated by boards on the committee vessel.

8. Marks

- 8.1. Mark will be inflatable marks or the club marks. The colours will be confirmed at the briefing. The start mark will be a yellow pin mark. The finish mark will be confirmed at the briefing.
8.2. When a gate mark is used, if one or other of the gate marks is missing, the remaining mark shall be rounded to port. This changes RRS 34.

9. THE START

- 9.1. The starting line will be between the committee boat staff displaying an orange flag and a yellow pin mark.
9.2. Races will be started using a 3,2,1,0 sequence.

10. OBSTRUCTIONS

- 10.1. A vessel in close attendance to a boat, vessel or person in difficulty is an obstruction.
10.2. A wing-foiler or windsurfer with their sail in the water and/or not under way is considered an obstruction.
10.3. There is a line of 3 white buoys demarcating the restricted non-sailing area on the far northwest area of the reservoir. Water to the Northwest of the line of white buoys is a restricted non-sailing area and this line and extension may be considered an obstruction.
10.4. Boats must not sail within 10 metres of the outlet tower in the south west corner of the reservoir and this non-sailing area may be considered an obstruction.
10.5. Boats must not sail within 5 metres of the safety boat jetty in front of the clubhouse; this non-sailing area may be considered an obstruction.

11. CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1. To change the next leg of the course, the race committee will move the original mark (or the gate or finishing line) to a new position.
11.2. Minor course changes (up to 150m or plus or minus 10 degrees) may not be signalled. This changes RRS 33.

12. The Finish

- 12.1. The finishing line will be between a staff displaying a blue flag on the Finish boat at one end and a pin mark at the other end.
12.2. After finishing and clearing the finishing line, boats shall keep clear of the finishing line and of all boats not yet finished.
12.3. Boats recrossing the finish line in the direction of the course from the last mark may be scored for their final crossing.

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13. Time Limits

- 13.1. The race time limit for all fleets is dependent on the course in use.
- 13.2. In addition to RRS 32, the race committee may also award a score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal.
- A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 61.1 (a) and 61.4(b).

14. Hearing Requests

- 14.1. Hearing Request forms are available from the race office.
- 14.2. The protest time limit is 30 minutes after the last boat has finished the last race of the day on their course, or the race committee signals no more racing today, whichever is the later. This changes RRS 60.3.
- 14.3. Appendix T Arbitration shall apply to this event.

15. Scoring

- 15.1. One race is required to constitute a series.
- 15.2. A2.1 is changed as follows:
- a) If 15 races or more are sailed there will be four discards.
 - b) If 12 to 15 races are sailed there will be three discards.
 - c) If 8 to 11 races are sailed there will be two discards.
 - d) If 3 to 7 races are sailed there will be one discard.
 - e) If 2 or less races are sailed, there will be no discard.
- 15.3. For mixed handicap starts results will be calculated using average lap times and the RYA PY (2026) system.

16. Safety Regulations

- 16.1. Rule 40.1 applies at all times while afloat.
- 16.2. A boat that retires from a race shall notify the race committee as soon as possible.
- 16.3. When the race committee considers that a boat or competitor is in difficulty, it may instruct the boat or competitor to accept outside help, retire or sail ashore. The boat and crew shall comply with such instructions without delay.

17. RISK STATEMENT

RRS 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone".

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

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- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any safety briefing held for the event.

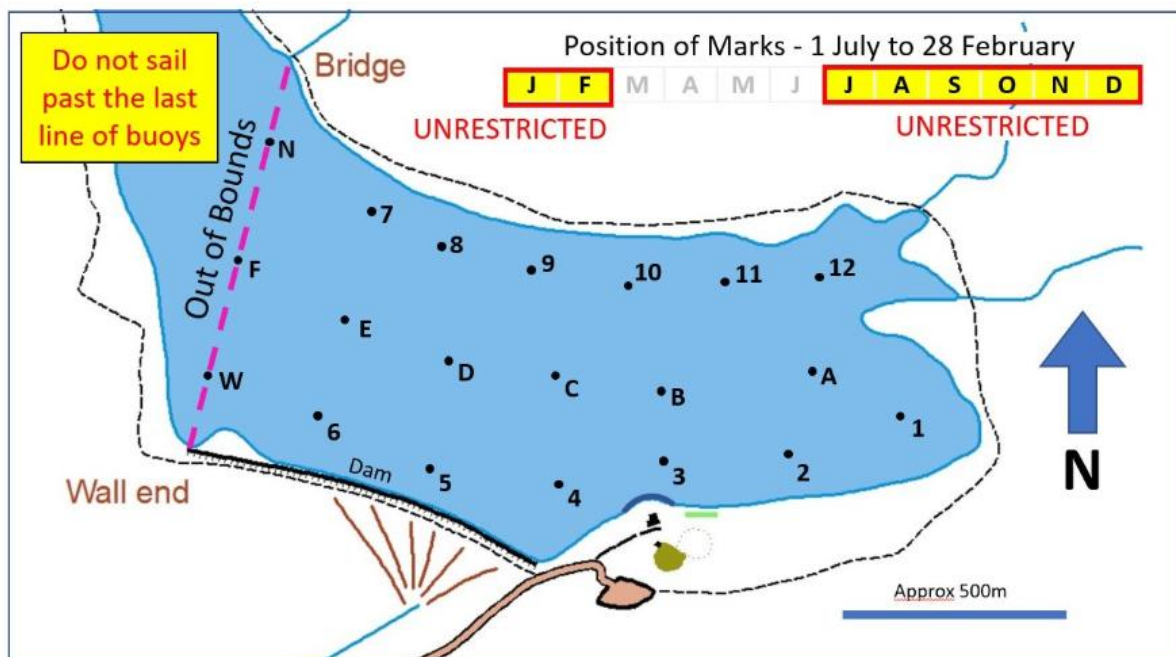
18. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 Pounds Sterling per incident or the equivalent.

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APPENDIX A

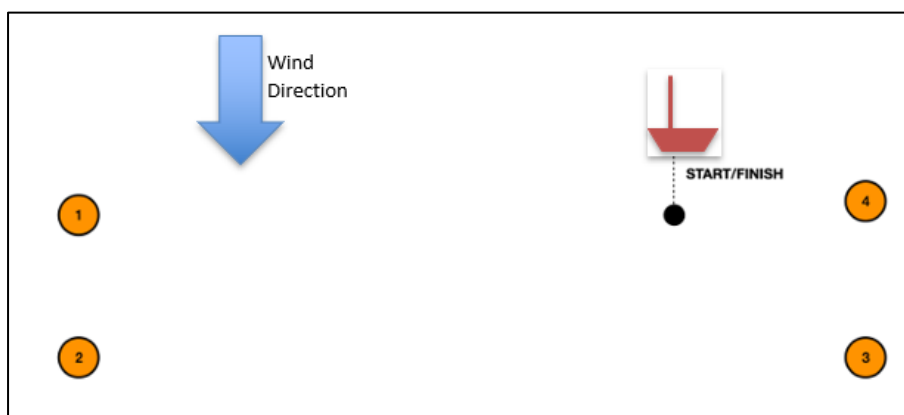
COURSE AA: ROUND THE CANS. Target time 40 minutes



The club marks will be used. The start/finish line will be classed as a gate during the race and is considered part of the course.

The course will be displayed on the committee boat. Marks to be rounded to port will be shown on a red background, marks to be rounded to starboard will be shown on a green background.

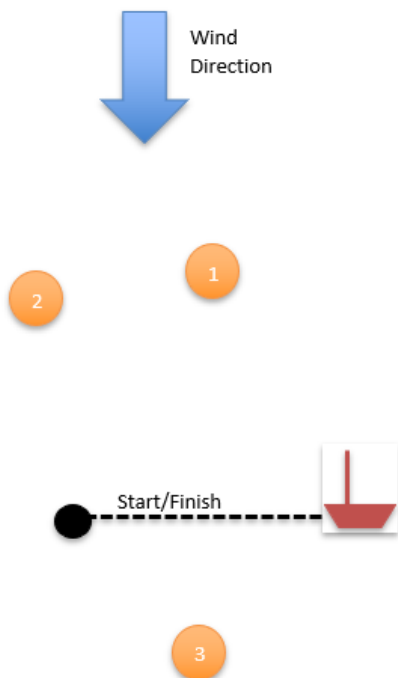
COURSE AB: NASCAR RACE COURSE. Target time 15 minutes.



Course: Start line, 1p, 2p, 3p, 4p, Start/Finish gate. Repeat until shorten course is flown.

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COURSE AC: SPRINT. Target time 10 minutes

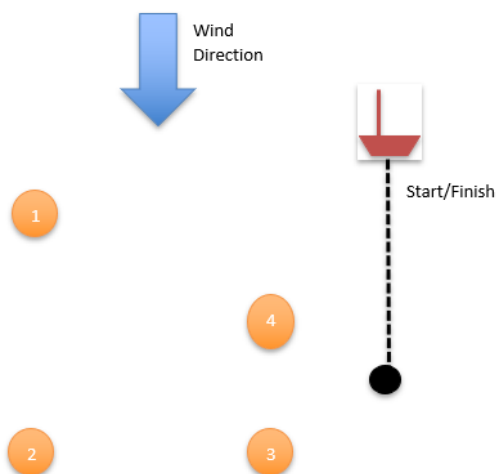


Course:

Start Line, 1p,2p,3p, Start/Finish line.

One or two laps will be indicated on the committee boat.

COURSE AD: G-Course. One Lap

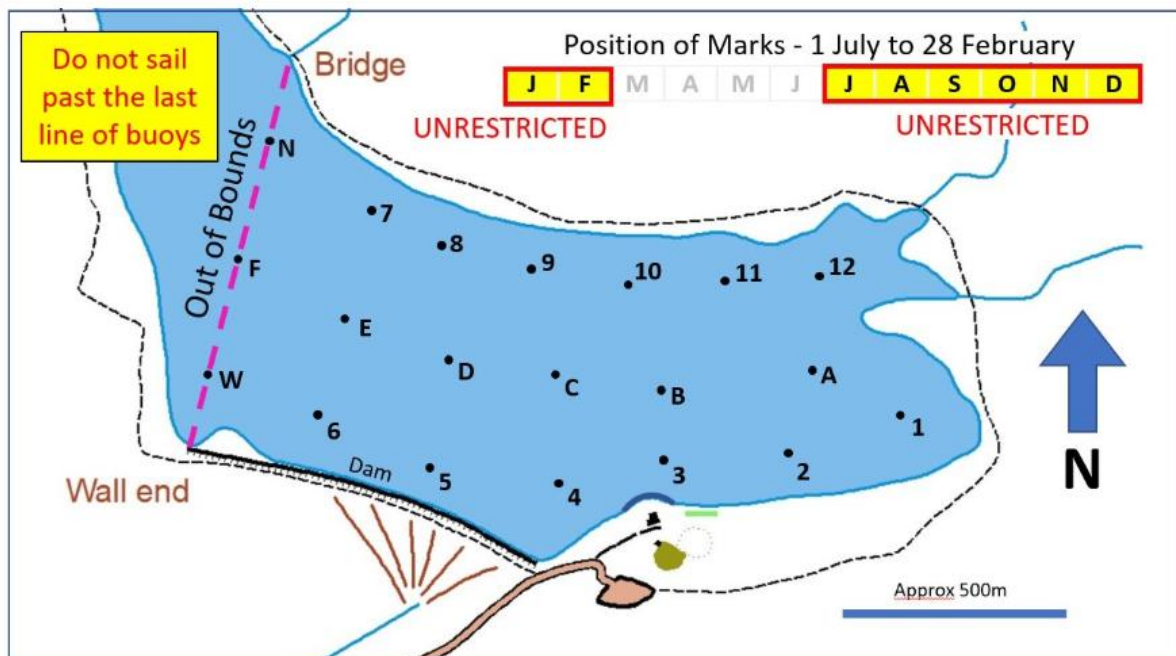


Course:

Start Line, 1p,2p,3p, 4s, Start/Finish line.

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COURSE AE: ROUND THE CANS. Target time 20 minutes



The club marks will be used. The start/finish line will be classed as a gate during the race and is considered part of the course.

The course will be displayed on the committee boat. Marks to be rounded to port will be shown on a red background, marks to be rounded to starboard will be shown on a green background.